



Midwifery Association  
of Pakistan (MAP)  
MIDWIVES CAN SAVE LIVES

# MIDWIFERY ASSOCIATION OF PAKISTAN [MAP]

*Registered under Societies Act XXI 1860*

Member of International Confederation of Midwives (ICM)

February 10, 2025

**To:**

The President  
Pakistan Nursing and Midwifery Council  
Islamabad, Pakistan

**Subject: Request for Inclusion of Essential Drugs and Contraceptives in Midwives' Scope of Practice**

**Respected President,**

I hope this letter finds you well. As the President of the Midwifery Association of Pakistan (MAP), I am writing to formally request the inclusion of essential drugs and contraceptive methods within the scope of midwifery practice. This request aligns global midwifery standards and essential competencies to enhance the role of midwives in delivering comprehensive maternal and reproductive healthcare, particularly in underserved areas with limited access to skilled care.

The following medications are essential for managing maternal and neonatal health conditions, preventing complications, and ensuring safe family planning services:

**1. Emergency and Obstetric Care Drugs:**

- Magnesium Sulphate 2gm
- Inj. Diazepam
- Hydralazine 25mg
- Methyldopa/Nifedipine
- Nifedipine Tablet 20mg / 30mg
- Labetalol Tablet 100mg (for use when Hydralazine is unavailable)
- Tranexamic Acid
- Syntocinon
- Misoprostol
- Ergometrine

**2. Antibiotics and Anti-infectives:**

- Ampicillin
- Metronidazole
- Clindamycin
- Amoxicillin 500mg
- Canestan Antifungal Vaginal Pessary with Applicator
- Tetracycline 1% Eye Ointment



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### 3. **Vitamins and Supplements:**

- Vitamin A Capsule
- Soft Gel Vitamin K
- Calcium Lactate + Vitamin D
- Ferrous Sulphate
- Folic Acid

### 4. **Pain Management and Miscellaneous Essential Medications:**

- Xylocaine 2%
- Cranmax Sachet
- Meclizine B6
- Gravinate
- Paracetamol (Tablet & Napa Brand)
- Paracetamol (Napa) Suppository
- Voltarol Suppository
- Mebendazole

### 5. **Contraceptive Methods for Family Planning:**

- Condoms
- Oral Pills (OP)
- Combined Oral Contraceptives (COC)
- Emergency Contraceptive Pills (ECP)
- Depo-Provera (Injectable Contraceptive)
- Intrauterine Contraceptive Device (IUCD)
- Implants

Incorporating these essential medications and contraceptives into midwifery practice will enable midwives to provide prompt interventions, improve maternal and newborn health outcomes, and enhance access to family planning services. Many of these medications and contraceptive methods are already administered by midwives globally under standardized protocols.

We request PNMC to review this proposal and consider updating the midwifery scope of practice accordingly. MAP is willing to collaborate in developing training modules and ensuring safe administration protocols. We would appreciate the opportunity to discuss this matter further at your earliest convenience.

Thank you for your time and consideration. We look forward to your support in strengthening midwifery practice in Pakistan.

Sincerely,

**Dr. Rafat Jan**

President, Midwifery Association of Pakistan

CC:

- Director of Nursing, Sindh, Balochistan, Khyber Pakhtunkhwa, Punjab, Gilgit-Baltistan
- Health Commission, Sindh, Balochistan, Khyber Pakhtunkhwa, Punjab, Gilgit-Baltistan

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